

Warren SENTINEL

LRS
members
return from
Iraq

Crossword
puzzle
answers

School ground
breaking

Mentorship:
get involved



Commentary

Mentorship: Get involved

Air Force Space Command News Service

By Maj. Robby Weaver, 5th Maintenance Squadron commander

MINOT AIR FORCE BASE, N.D. - "Talk is cheap." There is no substitute for first-hand experience. In my Air Force career, I can't think of a single instance where a briefing, meeting, e-mail or phone conversation changed my outlook on leadership. All the big impressions came from things I did or saw. Fortunately, I had mentors that invested the time in having me watch them lead, dragging me around with them and letting me inside their "walls" so I could understand their actions. For better or for worse, these mentors had a profound impact on the leader and person I am today.

Airmen you mentor must see you lead. A true mentor doesn't simply say, "I am your mentor, hear my wisdom and learn." It all starts with leadership. Junior Airmen need to identify you as a leader, one they would like to emulate. Being a visible leader is an absolute prerequisite to mentoring. You probably do this naturally. You set goals and priorities for your unit, shop or section; communicate status up and down the chain of command; identify and correct weak areas in your team and all those other good things you learned in ROTC, Airman Leadership School and kindergarten. Whether you do this through commanders calls, roll calls, pre-shift briefings, over lunch or even through the much-maligned electronic correspondence, you must be a leader before you can be a mentor.

It can sometimes be hard to make time for more personal interaction and leadership. It can be even harder to make the extra time to drag your mentoree with you. I remember the dreaded words which always came at the worst possible time, "Lieutenant Weaver, let's go visit the phase docks." Or, "Lieutenant Weaver, please stand in here for this Article 15 presentation." Even though it meant sacrificing valuable time to do something that might not have made

an immediate difference, the long-lasting impact these events had on me was tremendous. To observe a leader in a personal setting, watching them lead on small and large levels is something that never fails to make an impact. To really involve a junior Airman in your mentoring sometimes requires letting them "inside your walls." Understanding what you are trying to accomplish and how you plan to accomplish it will give a mentoree insight into your leadership.

"I really need to get Airman Jones' attention. I guess I'll have to yell and maybe throw this stapler. Please ask him to step in." This explanation could make the difference between a junior Airman thinking you are a brilliant supervisor as opposed to thinking you are a raving lunatic. To admire your leadership, mentorees must understand your leadership.

Mostly, you just need to go for it. The worst that could happen is you could serve as an example of what not to do. As long as you take the time to drag a mentoree with you, even providing a negative example will serve a positive purpose. So what are you still wasting time reading this for? Go find a junior Airman and get out there.



Hoops Shots

I had a great week visiting with our Mighty Professionals from across this great wing. I had a terrific tour of the A01 Missile Alert Facility. On duty topside providing superb security was **Airman 1st Class Chris Rocchio**. This flight security controller gave a terrific post brief and had a handle of everything happening in his flight area. Facility manager **Staff Sgt. Trevor Benboe** took us all over the site and was attentive to every detail. **Airman Kim Juzbasic** lived up to the reputation that chefs are the top source for morale on site. She gave a professional post briefing, took us on a tour of her immaculate kitchen and made us a terrific meal. Well done (no pun intended)! Down stairs the combat crew of **Capt. Mike Campbell** and **1st Lt. Dan Rubalcaba** were on alert and gave a detailed overview of their mission. Of course, we're still trying to figure out why the floor starting sinking just as I arrived. They were polite enough not to suggest I needed to lose some weight. Thanks to all for an inspiring and enjoyable tour.

During a visit to our "W" I got to see our chefs in action once again providing hot meals and warm smiles. Hats off to **Tech. Sgt. Sean Cope** (chef, training manager), **Tech. Sgt. Daniel Fowler** (MAFFO), **Staff Sgt. Christopher Durand** (main project officer), **Airman 1st Class Travis Hogan** (chef, also a below-the-zone promotee last quarter) and **Airman Steven Metz** (chef who also won 20th Air Force Chef of the Quarter earlier this year). You exemplified both teamwork and quality service!

I recently received a very flattering letter from a retiree family singing the praises of our Mighty Medics. Specifically highlighted were: **Maj. Patrick Mallory** (doctor), **Capt. Amanda Krbec** (nurse), **Capt. Tracy Demeuse** (pharmacy), **Lt. Gary Chavez** (physician's

assistant), **Staff Sgt. Elizabeth Maestas** (medical technician) and **Airman 1st Class Veronica Sanchez** (medical technician). Thank you for making such a positive impact with those who served before us and for all you do to keep us all healthy!

I finished the week with a tour of our Mighty Maintainers. It was quite the non-stop event. **Master Sgt. Michael McCarty**, **Tech. Sgt. Royce Barker**, **Staff Sgts. Dwayne Irvin and Clifford Stump**, **Airmen 1st Class Daniel Thompson** and **Omar Williams** got me up to speed on conventional munitions. I appreciated the one troop whose job it was to use the extinguisher on me while touring an igloo. I also know who to blame and where to look if we ever mysteriously lose our howitzer. **Master Sgt. Fred Hofeldt** briefed me on the electronics lab while **Master Sgt. Bill Berg** talked up the mechanical shop. Both are superb NCOICs. **Master Sgt. Kirk Avtch** confirmed that the power, refrigeration and electric shop is truly the coolest place to work. **Tech. Sgt. Dennis Hayes** gave me a tour of the best vehicles section and program I have ever seen. Don't mess with them because their best troop gets awarded a Conan-looking sword. Now if only he can get me a skull and cross bombs on just one of those vehicles. The highlight though was **Master Sgt. Danny Akers** who showcased the command's best equipment section. They achieved what was always thought impossible - zero write-ups during the ORI/CI!! They keep track of thousands of pieces of mission essential equipment including the highly critical Mobley's Mobile Commode. Obviously there's nothing but the best for our troops and I was grateful that they didn't demonstrate its use that day!! I salute all our Mighty Maintainers for keeping us clean and green! --Col. Hoops

Warren SENTINEL

Editorial Staff

Col. Evan Hoapili
90th Space Wing Commander

Capt. Warren Neary
Chief, Public Affairs

1st Lt. Nicole Walters
Deputy, Public Affairs

1st Lt. Darrick Lee
OIC of Internal, Public Affairs

Airman 1st Class Tessa Cubbon
Editor

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Sentinel@warren.af.mil



Photo by Mark Crabtree

A Warren technician prepares to test for chemicals at Alpha-06 Aug. 23. For more information, turn to Page 12.

Commentary

Courtesy key to motorcyclists' safety

2nd Lt. Charity Brandy
81st Training Wing Public Affairs

KEESLER AIR FORCE BASE, Miss. -- Curtis Creighton was one of the most caring people I've ever known.

He had a heart so big and a personality so charming that people were drawn to him.

It is no wonder more than 700 people attended his funeral after he was killed in a motorcycle accident at the age of 32.

I'll never forget the words spoken to me during the 3 a.m. phone call that informed me of his death. "Curtis was killed tonight on his motorcycle," said my friend. "He was in a crash. One of his ribs punctured his heart, and he died on impact."

Curtis and I shared a love for motorcycles, and his death came only two

days before I was scheduled to purchase the bike of my dreams: a 2003 40th Anniversary edition Suzuki GSX-R 600.

After finding out Curtis was killed, I fought with myself about the safety of motorcycles and whether or not I should buy one.

That motorcycle is in my driveway today.

The safety of motorcycles is a frequent topic of debate. Regardless of your stance on the issue, motorcycle safety is something in which we all need to take an active role, whether you are the person behind the wheel of the car or the person with your hand on the throttle.

Some critics say motorcyclists cause too many accidents. They might be surprised to know statistics from a recent study supported by the National Highway Traffic Safety Administration concluded

two-thirds of accidents involving motorcycles and other vehicles are caused by the driver of the other vehicle violating the motorcyclist's right-of-way.

The study also concluded the failure of motorists to detect and recognize motorcycles in traffic is the predominate cause of motorcycle accidents.

The driver of the other vehicle involved in a collision with a motorcycle didn't see the motorcycle before the accident or until it was too late.

"Motorcycles are smaller and therefore harder to see," said Brenda Netterville, a Motorcycle Safety Foundation course instructor and motorcyclist for more than 30 years. "And sadly, there are times when the prejudice of four-wheel drivers against motorcycles in general may play into a situation of the right-of-way not being given to the

motorcyclist."

Some steps motorists should take to contribute to motorcycle safety are looking out for motorcyclists, respecting a motorcycle as a full-sized vehicle with equal rights to the road and allowing plenty of space when following a motorcycle.

There are also some critics who say motorcycles are too dangerous and cause too many deaths.

Tell that to the hundreds of thousands of motorcyclists who have been riding safely for years and are still here to tell about it.

"With proper motorcycle size and fit, proper protective gear, proper maintenance, and being prepared physically and mentally, motorcycling is just as safe as (driving) any other vehicle," said Floyd Nettterville, a Motorcycle Safety Foundation course instructor and motorcyclist for

more than 30 years.

Motorcyclists can also take steps to contribute to their safety by driving responsibly and within their abilities, respecting the power of the motorcycle and taking one of the numerous motorcycle safety courses available to both beginners and experienced riders.

Opinions vary about the safety of motorcycles, but the reality is there are many motorcyclists on the roads and even more automobile drivers.

The good thing is there is plenty of room on the roads for everyone.

If you are driving an automobile, actively look for and grant motorcyclists their space.

If you are a motorcyclist, operate safely and within the rules of the road.

These attitudes will help make our roads safer for all of us.

Running: one foot at a time

1st Lt. Nicole Walters
Public Affairs

I ran in the Wyoming Race for the Cure at the Capitol on Saturday. I raised \$50 for breast cancer awareness and research.

I know I talk a lot about running, and believe me I talk more than I run.

I put on 10 pounds while I was TDY, and training for the race has helped me to start losing them.

On Saturday, I was asked three times "where's King?"

The truth is, they don't let you take big dogs (even German shepherds) to professional races, and I could tell he didn't understand when I tried to explain.

When I put those shoes on, King knows the next forty minutes are only about me and him.

We've been running partners for almost three years, and he knows my stride, my breathing and my endurance. He knows his running commands, which are "heft" (left) "gee" (right) and "hu-ah" (pay attention). They are the same com-

mands sled dogs learn.

I'm still trying to teach my husband "hu-ah."

Running helps me to think. No matter what the problem, after two miles, the simplicity of putting one foot in front of the other helps to realign what's important and what needs to be done next.

There were so many of us military at the Race for the Cure. I chatted with 2nd Lieutenants Margo Cuddy and Hershey Langston from the 90th Communications Squadron, a lieutenant and a cap-

tain from the 20th Air Force and a bunch of really cool cops. I hung out with logistics before the race, Capt. Jenness from the clinic and I ran the last mile of the race together and as I ran toward the finish line I heard the beautiful voice of Capt. Sly Ortiz yelling "Go, Nicole!"

It was a nice Saturday, and after I crossed the finish line, I came home. I didn't think about my 50 bucks, the run, or breast cancer.

On Sunday, I found a lump in my breast.

Maybe I'll go run.

Give us your two cents

Monday Night Football
Frenzy at the Trail's End
starts Sept. 13.
What NFL team are
you
rootin' for?

"The [New York] Giants. I like Eli Manning because he's from Ol' Miss. Normally, I'd go with the Falcons, but they're not gonna do anything this year."
Senior Airman Ismael Amin, 90 MOS



"The Atlanta Falcons. They're a great team. Their biggest competition is probably New Orleans [Saints], but the Falcons are gonna go all the way." Airman 1st Class Josh Hinton, 90 OG



Warren's getting in on it Warren Club Membership Drive kicked off Sept. 1

Lorri Welsch
90th Services Squadron

The 2004 Air Force and Warren Club Membership Drive kicks off on Friday, Sept. 10 with a party at the Trail's End Club.

The Air Force is asking club members to "Get In On It" during the 90 day drive, Sept. 1 to Nov. 30, by offering free cash rewards to both existing as well as new members. All members are eligible for club card account credits up to \$3,000 that will be awarded in each command.

There will be two drawings. One for new members gained during the drive for a \$3,000 grand prize, two \$1,000 second prizes and three \$500 third prizes and the second drawing is for all

club members in good standing for the same prizes.

Mr. Rick Stewart, Trail's End Club manager has some incentives planned for the kick off party that encourages all squadron members to "Get In On It" and bring some new club members to the party.

Each squadron that brings at least one new member will receive an entry into the evening drawing for a squadron club party credit of \$150 to be used in the future for a squadron party or function.

Additional entries will be given for each new club member joining that night. The squadrons will also be encouraged to build membership throughout the drive with a challenge to increase club membership within the squadron by 5 percent

before Nov. 30 when the drive ends.

Each squadron that is able to meet the 5 percent challenge is entered into a closing party (Dec. 1) drawing for a \$300 first place, \$200 second place and \$100 third place squadron party credit. Mr. Stewart has also added an individual \$250 member cash drawing to the closing party for all members present.

Additionally, Mr. Stewart is giving to all new members and current members referring a new member a free lunch coupon good at any of the all-you-can-eat buffets offered Tuesdays through Fridays, 11 a.m. to 1 p.m.

You may not be one of the \$3,000 grand prize winners during the drive, but you'll be on your way to having some great times in Air Force clubs!

Watch for Football Frenzy, a Monday Night football activity that starts Sept. 13

**Get in
on it**
Call the Trail's End
Club at 773-3048

at the club where club members can watch the games on the big screen and be entered into drawings for trips to the NFL games including the Super Bowl and Pro Bowl as well as win a plasma TV and X Box game system.

To join the club pick up an application at the club or any services facility.

For more information on the membership drive or club programs, call the Trail's End Club at 773-3048. You have found the hidden message! The first five people to call the Straight Talk Line at 773-2222 with the code word "Trail's End" will win a services coupon card.

Briefs

Red Ribbon Week

Congress established Red Ribbon Week in 1988 to commemorate the work of Enrique "KiKi" Camarena, a DEA agent, who was murdered in the line of duty and has come to represent the belief that one person can make a difference in the fight against drugs.

You also can make a difference by joining the Base Red Ribbon Committee. The Red Ribbon Committee will be planning prevention and awareness activities for this year's Red Ribbon Campaign, which is held Oct. 23 through 31.

For more information, contact Al Dyke at 773-2879 or Glenn Garcia 773-6278.

Texas Hold'em Up

Going to be around Saturday of Labor Day Weekend?

Play Texas Hold'em Saturday at 2 p.m. at the Trail's End Club. Sign up by today and save by winning AAFES gift certificates.

For more information, check out Base_Information\90SVS\Promotions\TexasHoldem on the O drive or call 773-2858.

To comment on any services program, facility, or event visit <http://ice.disa.mil>.

ARMED FORCES VOTERS' WEEK
SEPTEMBER 3 - 11, 2004
It's your Future. VOTE for it!

FEDERAL VOTING ASSISTANCE PROGRAM
1.800.438.VOTE (8683)
or 703.588.1584
www.fvap.gov
vote@fvap.ncr.gov

THE CHOICE IS YOURS. CAST YOUR VOTE

With the November 2004 General Election almost upon us, time is running out to participate in the elections this year. The Secretary of Defense has decreed the week of September 3 - 11, 2004 as Armed Forces Voters Week (AAVW). This is the last week in which you can submit a Federal Post Card Application, SF 76, request for registration and/or absentee ballot and meet most state deadlines. Contact your unit Voting Assistance Officers and request your Federal Post Card Application today. Visit the Federal Voting Assistance Web site at www.fvap.gov to find "How To Do It" brochures and the "Frequently Asked Questions" page.

Your 2004 Group Voting Assistance Officers:

- 20 AF: Master Sgt. William Medema ext. 5365
- 90 SW: 1st Lt. Nicole Walters ext. 3381
- 90 MDG: Master Sgt. Dori Batten e x t 5610
- 90 MXG: Capt. Jordan Murphy ext 2461
- 90 MSG: Tech. Sgt. Daniel Sharp ext 3805
- 90 OG: Staff Sgt. William Kennedy e x t 4423
- 90 SFG: 2nd Lt. Wendy Allison ext 3881

Construction Corner



Road Closure

Repair drainage behind historic military family housing and repair deficient asphalt, curb and gutter for positive drainage

Restricted Travel

until Sept. 15

Facilities affected

Quarters 112 A and B and garage unit 1112

(All dates are subject to change)

This restriction will impact traffic on the alleyway behind Quarters 112.

Traffic will be restricted to one lane due to the removal of asphalt and curb and gutter for necessary repairs. Traffic cones will be on-site to identify the closed area. Vehicular traffic control at this site will be established by driver courtesy.

This restriction will be in effect for approximately two weeks, or until the necessary work is completed, for the demolition and reconstruction of the concrete driveway apron at garage unit 1112, as well as surrounding curb & gutter and asphalt pavement.

For more information, contact Kevin Zimmerman at 773-4090.

90th Med Group a winner

Mighty 90 Medics earn three national awards for Asthma Disease Management program

Christie Lysinger
90th Medical Group

On Aug. 31, GlaxoSmithKline presented a \$5000 grant to the 90th Medical Group in support of their outstanding asthma disease management program.

The clinic competed with all military medical facilities for the DoD 2003 GlaxoSmith Kline Circle of Excellence Award: Total Patient Management.

In addition, they won the 2003 Disease Management Association of America Excellence in Leadership Award for the Best Disease Management Program: Military and the poster presentation, quality category for innovative programs, at the 2004 National TRICARE Conference.

The program was started in 1999 when the medical group converted from a hospital to a clinic, losing in-patient capabilities along with many specialties including internal and emergency medicine.

The number of asthma patients was increasing and there was no program to educate patients on controlling their environment or managing

their symptoms. Initially, Christie Lysinger and Cynthia Angiel developed an access-based data system, The Disease Management Tracking System for documenting and tracking patient care.

This system was eventually shared with more than 50 Air Force, Army, and Navy facilities.

Primary care physicians, nurses and pharmacists were educated on national asthma guidelines and educational materials were obtained from a variety of sources.

At the same time, the managed care office worked with TriWest to contract a civilian allergist to see patients in the clinic. Patients now receive care in the facility and recommended treatment can be started with no delay in patient follow-up. The medical group also benefits with an annual savings of \$52,791.

In addition, the pharmacy implemented two clinics to decrease the number of patients referred to civilian care, a cough and cold clinic in October 2002, and an allergy clinic in May 2003. Eight hundred and sixty five patients were seen during the past winter/spring season.

The clinics improved patient access and satisfaction while freeing the medical staff to see more seriously ill patients. They also saved the medical group \$47,575 in civilian acute care visits.

Finally, Mrs. Lysinger contacted the base Child Development Center, the youth center, and the home daycare provider program regarding asthma education and training.

She is now their medical consultant providing orientation and annual training on medications, asthma, allergies and childhood illnesses. As a result, the staff is now very skilled in the care of children with asthma and severe food allergies. Parents are also more comfortable with the care.

The 90 MDG has fully implemented an asthma program from infancy to a comprehensive disease management program that provides "one stop shopping" and total patient management whether it be in the facility, self-management, or an extension to the day-care setting.

Patients and their care are now documented and tracked by the Disease Management Tracking System. Ongoing assessment, education, provider team commitment and feedback have improved patient outcomes and created initiatives that promote quality patient care.

In addition, the total annual cost savings to the medical group is \$95,791.

6 by 3

A more dynamic future requires taskable platforms for battlespace

Space cadre visits Warren

Article compiled
courtesy AFSPC
resources

The Air Force Space Professional Development program visited Warren recently to discuss the Space Cadre and how it affects its members.

While their presentations were open to all interested base personnel, the primary target audience included space operators, scientists, engineers, program managers, crew qualified intel operators and crew qualified radio-communications systems operators.

The team visited each of the pre-departure crews Aug. 17 - 19, and held base-wide briefings in the base auditorium. Their presentation covered the history and evolution behind Space Professional Development, along with the status of on-going implementation initiatives.

Warren members learned how to further their career and received a copy of their personal Space Professional SURF.

The space commission saw military space as splin-

tered organizations lacking focused development of a national Space Cadre. The commission recognized that the Department of Defense is not on-course to develop the cadre the nation needs to acquire and operate the systems of the future. Systems like space based radar, space based infra-red system, and the counterspace systems of the future will interact much more closely with all echelons of command. The space environment of the future will be much more dynamic, requiring highly taskable platforms to affect the total land, sea, and air battlespace. The shortage of scientists and engineers is an Air Force wide problem and, the Air Force is addressing this issue on a grander scale. The hope is the Space Professional Development Program will contribute to scientists and engineers wanting to stay in the Air Force.

The Air Force Space Professional Strategy is a high-level document that provides broad guidance and applies to all Air Force space professionals. The strategy provides overarch-

ing guidance, whereas the details come in the associated implementation plan. It focuses on how the Air Force will build a space cadre made up of experts who take space systems from concept to employment-that includes design, acquisition, fielding, operations, maintenance and sustainment.

Congress has asked for regular reports on how the Air Force is building the Space Cadre. There is also a separate GAO Audit investigating DoD Space Professional Development.

Also, when Secretary Roche approved this Strategy, he also named Gen. Lance Lord, Air Force Space Command commander, as the Air Force space functional authority.

General Lord has a unique role as the Air Force Space Professional Functional Authority, responsible for overall development of the Space Cadre and specifically for providing guidance to those career fields that make up the cadre.

The space commission recognized the need for the most senior Air Force space leader to manage all aspects

of the "space career field," which we now refer to as the Space Cadre.

One tool is Force Development, which links education and training opportunities with challenging leadership and developmental assignments. The focus of Force Development is to meet the Air Force's current and emerging missions by developing its number one resource: people.

Space Professional Development is designed to complement and build upon the concepts of Force Development.

The emphasis of these programs is offering the right education, training and experience opportunities combined with a more deliberate assignment system that strives to match the right person to the right job at the right time of their career.

For more information, visit the official Space Pro Web site at <https://alfway.peterson.af.mil/spacepro/>. You can also contact Maj "Buzz" Buzzell at 773-4162 or the Space Pro Management Office at DSN 692-3494.

Briefs

Families Wanted for Talent Show

Parent and youth, husband and wife family acts, all are wanted for the youth center's Family Talent Show Sept. 16. Entry is free and the sign up deadline is today. Call the youth center at 773-2564 for more information.

Club Membership Drive Kicks Off

How would you like to win \$3,000? Well you can, just by joining the club during the fall club membership drive until Nov. 30.

The Air Force is giving each command big cash prizes to encourage us to join and participate in Air Force Clubs. There will be a drawing for new members who join during the drive and current members in good standing as well.

A kick off party will be held Sept. 10, 5 p.m. at the club.

Squadrons who bring a new member to the party will be entered into a drawing for a club party credit for their squadron.

Each squadron who gains 5 percent in club membership during the three month drive is entered into a club

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Above: Airman 1st Class Steven Strumila takes a break before the start of his convoy to a classified location in eastern Iraq. He was a primary gunner with the 494th Air Expeditionary Force Truck Company supporting the Army's 1st Infantry Division

Right: Staff Sgt. Jason Hull preparing for a convoy to central Iraq. Sergeant Hull was the primary driver and M-249 gunner for the convoy gun truck. He was assigned to support the Army's special forces.

Making it back

Staff Sgt. Carlo Gutierrez
90th Logistics Readiness Squadron

Staff Sgts. Francisco Vazquez and Jason Hull, Senior Airmen Vaughn Pfeifer and David Kephart and Airman 1st Class Steven Strumila recently deployed to Operation Iraqi Freedom to support United States Army convoys.

Air Force troops have supported convoys in the past, but not under the same circumstances that these five Warren transporters endured.

When the 90th Logistic Readiness Squadron received the taskings for convoy duty, it was not a traditional Air Force TDY.

The squadron sought help from Army units and security forces to better prepare troops for a battlefield mission.

Only days had passed since headquarters' original notification and off the troops went to Army training at Fort Leonard Wood, Mo.

So Warren's transporters headed off to the big sand box well equipped and mostly prepared.

They received more training in Kuwait before they entered the "war zone" better known as Iraq.

Fully trained and ready to face the new challenge, our troops traveled via convoy to Iraq.

For six straight months, Warren's troops were involved in convoys. They eluded improvised explosive devices and enemy fire.

They became accustomed to being in hostile environments daily and

learned how to be a Soldier. Our first five transporters have returned safely to Wyoming. There are now five more of Warren's warriors in Iraq. Staff Sgt. David Camacho, Senior Airmen Kirk Wilkerson and William Ennis, Airmen 1st Class Randy Barcelo and Christopher Murphy are all proudly serving to protect us.

Additionally, in March 2003, Sergeant Vazquez was deployed to Turkey, Romania and Iraq for Operation Iraqi Freedom.

He returned to Warren in July of 2003.

In February, he would have been finished with his first enlistment. He chose to extend.

He volunteered to extend to go on this TDY.

Sergeant Vazquez said, "I want to volunteer for this so I can serve my country."

This young man's response to this crisis was heroic. He filled a slot for someone's dad, mom, brother, sister, son or daughter.

He wanted to be proud of his time of service.

Many of us often forget that we wear the uniform for the defense of this country.

Sergeant Vazquez remembered the oath to support and defend the United States. Each and every one of these heroes earned an Army Commendation medal for their tour in Iraq.

Thanks to our five heroes who recently came home.

Let us keep in our prayers the next five that are serving in Iraq.



Photos by Staff Sgt. Francisco Vazquez

Senior Airman Vaughn Pfeifer mounts and prepares his M-2 .50 caliber weapon system for a four-day long convoy from Kuwait to northern Iraq. He was a primary gunner for the 494th Air Expeditionary Force Truck Company supporting the 1st Infantry Division.

Right: Staff Sgt. Francisco Vazquez after a convoy from central Iraq. Sergeant Vazquez was a primary M-2 .50 caliber and truck commander assigned to support the Army's special forces.



Photo by Dustin Wells



Senior Airman David Kephart pictured here during a rest stop on a convoy to central Iraq. He was a primary gunner of the 494th Air Expeditionary Force truck company supporting the 1st Infantry Division.

Jolly Rogers "Race for the Cure"

Proceeds earned go to funding research, education, treatment, screening

Capt. Carrie May
90th Operations Group

Twelve members from the 90th Operations Group and family united Saturday as Team Jolly Rogers for the ninth annual Susan G. Komen Wyoming Race for the Cure."

The 5K Run/Walk supports breast cancer awareness with 75 percent of net proceeds funding breast cancer research, education, screening and treatment in Wyoming.

The remaining proceeds benefit breast cancer research at the national

level.

The Jolly Rogers ranked fifth of 75 teams for total team donations. First Lt. Lora Horton led the team in donations raising \$330 of the team's total contributions of \$490. Capt. Deane Konowicz posted the quickest run for the team, crossing the finish line with a time of 21 minutes and 5 seconds.

Reasons for running the 5K Saturday were as varied as the participants. Lt. Col. David Bliesner, 400th Missile Squadron commander, and his son, Josh, ran in memory of Colonel Bliesner's sister Nancy

Nichols, who succumbed to breast cancer in January at the age of 43. Colonel Bliesner's family has participated in the Race for the Cure" across the nation for the past several years.

It was the first road race ever for Capt. Nadine Lynn, who stuck out the 3.1-mile course on a sore ankle, citing the courage of breast cancer survivors as her motivation to work through the pain. First Lt. Frank McDermott and Liz Saucier, 90th Communications Squadron Visual Information, were also new to the road race environment.

All three hope to increase their participation in similar events in the future.

Running a 5K was nothing new to Capt. Matt Guenther, however.

Together with Kendra Schlueter, an avid runner and 90 OG spouse, more than 30 years of racing experience were represented. Captain Guenther and Kendra have competed in a range of races spanning 5K, 10K, half marathon, and full marathon distances.

Capt. Chris Hughes and Carrie May have also participated in road races before.

Three years ago, they were a part of a five-member Race for the Cure" team with the 319th Missile Squadron Screaming Eagles. They enjoyed being a part of a bigger

team effort this year.

Two runners used the race to jump-start not only their day, but also their training goals. Capt. Sylvette Ortiz said the race would be her kick-off event in her training program for an upcoming marathon. Lieutenant Horton is training for a triathlon, and the 5K race provided her with a progress check. Whatever the reason behind each participant's involvement in the race, each team member reveled in the camaraderie of the state's largest foot race event.

More than 5,000 runners and walkers were expected to participate this year.




**We're
Inspection
Ready EVERY Day**

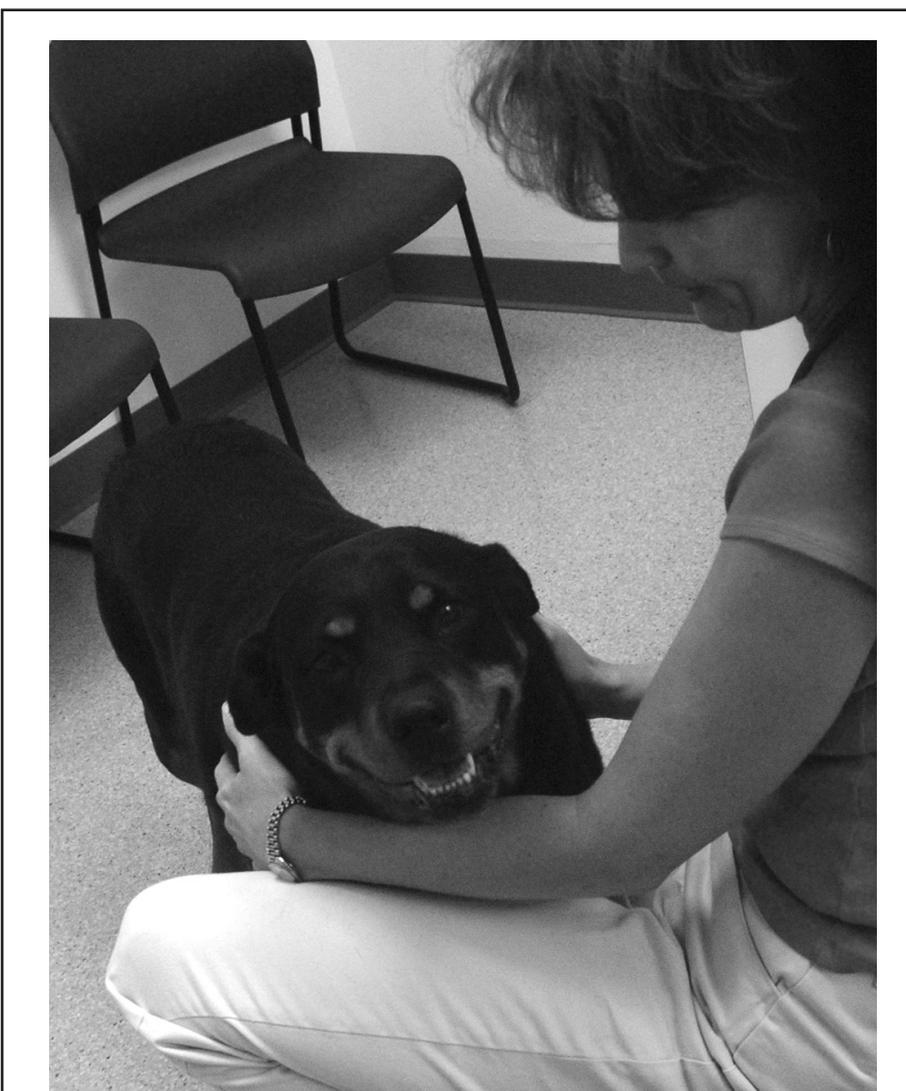


Photo By 1st Lt. Nicole Walters

WARREN'S VET CLINIC IS FOR THE DOGS!

... and cats and birds and fish. Lady, a rottweiler belonging to a Warren family, received her annual shots and a hug from Dr. Karen Parks at Warren's vet clinic Tuesday. The vet clinic is one of many services on base that benefit from club dues. To join the club, contact Rick Stewart at the Trail's End at 773-3048.



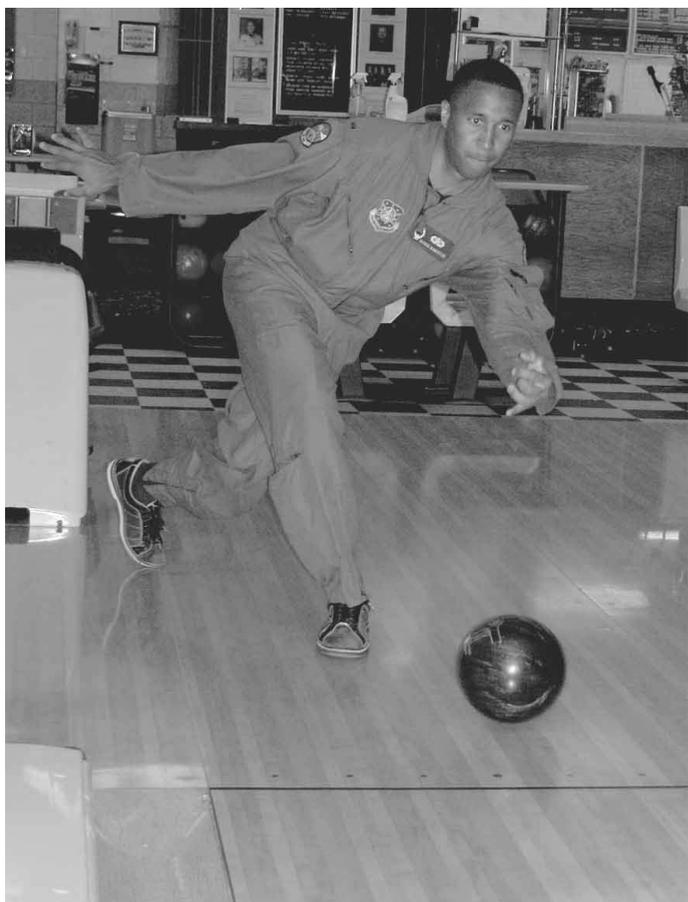


Photo by Lorri Welsh

DO THE SHOES MATCH THE SUIT?

First Lt. Rickie Banister, 90th Operation Support Squadron, gets ready for intramural bowling at Warren Lanes. All leagues start next week. To bowl on your squadron's Intramural team contact your squadron sports representative. For all youth and recreational leagues, call Warren Lanes at 773-2210.

Briefs from page 9

party credit drawing at the closing party, Dec. 1. Three squadrons will win a party.

For more information, contact 773-3048.

Football Frenzy 2004

You can come to Monday Night Football at the club, but you must be a club member to win!

The prizes you can win include trips for two with game tickets, air transportation, hotel, local attraction tickets and local transportation to the Atlanta/Tampa Bay game, the Super Bowl and the Pro Bowl.

Other prizes are a plasma TV and an X-Box game system with the new Madden 2005. The more Monday night games you enjoy at the club, the more chances you'll have to win!

The Wrangler Lounge opens at 4 p.m. and games start at 7 p.m.

Nightly prizes include hats, T-shirts and coolers! Check it out starting Sept. 13 when Green Bay plays Carolina.

Volunteer for an Outdoor Adventure!

An outdoor adventure volunteer meeting will be held Tuesday, 5:50 p.m. at outdoor recreation. Bill Coble, program director, invites interested outdoor enthusiasts to come and find out what it is all about. Call 773-2988 for more information.

Outdoor Gear Swap Meet Sept. 11

Buy, sell, trade all at the outdoor gear swap meet Sept. 11 at 8 a.m. to noon at the newly refurbished base lake pavilion.

Bikes, snowboards, skies, kayaks, tents, sleeping bags, camping supplies, snow shoes, fishing poles and Gore Tex(r) clothes are all welcome.

Only bring outdoor goods that you might find at an

REI-type store.

Motorcycles, guns, archery equipment, skate boards, tennis racquets, golf clubs and lawn darts are not sold at REI. Share a table or go solo. The cost for the table is \$10.

Space is limited so sign up early. Call outdoor recreation at 773-2988 for more details.

Base Library offers Story Time

Children and parents are invited to children's story times at the base library. Story times are Saturday at 1 p.m., Sept. 11 at 11 a.m. and Sept. 18 at 1 p.m.

The library will be closed Sunday through Wednesday for inventory. Books and videos may be returned in the book drop. CDs and DVDs should be returned to the circulation desk as soon as possible after Sept. 8.

All outdoor projects are subject to weather conditions.

WARREN'S SOFTBALL STANDINGS

American

SFS B W-16 L-1
 CE A W-14 L-1
 20 AF W-10 L-8
 MSFS 8 W-10 L-8
 OSS W- 8 L-9
 790 B W-7 L-9
 MXS A W-5 L-12
 MSFS 7 W-5 L-13
 CACS W-5 L-12
 LRS W-4 L-15

National

SFS A W-1 L-2
 790 A W-14
 SVS W-13 L-6
 COMM W-11 L-8
 MG W-11 L-8
 MXS B W-9 L-9
 321/400 W-5 L-11
 CE B W-5 L-11
 319/320 W-6 L-13
 MSFS 10 W-2 L-13



Photo by Joe Kelly

Members from the 90th Comptroller Squadron participated in a 5K fun-run Aug. 26 near Freedom Hall here. The 90 CPTS is challenging any unit on base to a 5k formation run. If your unit is up for the challenge, contact Joe Kelly at 773-2304.

6x5

Pennsylvania native wants Air Force 1, declares bid for presidency

Airman 1st Class Brad Rubright, 90th Medical Support Squadron, sat down with Airman 1st Class Tessa Cubbon to discuss the presidency and country music.

What do you do?

I'm a medical logistics technician. I'm in charge of all the supplies in the medical clinic.

What's the best part about being in the Air Force?

The camaraderie with every body. A lot of people stick together.

Other than Warren, where's the coolest place the Air Force has taken you?

So far, the Air Force Academy. I liked the scenery and the woods there.

What's your favorite part about your job?

The fact that I can see the whole clinic. I'm not just stuck in one area.

Where do you see yourself in five years?

The president of the United States. It might take more than five years though.

If you could have dinner delivered to you from anywhere in the world tonight, where would it be from and what would it be?

A real egg roll from Korea. Not the frozen, deep fat fried kind.

Have you been to Korea?

Not yet, but it's on my dream sheet.

What is on your desk right now.

A mouse, a scanning gun and a stapler.

What was the last movie you saw at the theater?

"Anchorman" It was supposed to be funny, but I didn't laugh once.

In your opinion, what is the greatest book ever written?

"Of Mice and Men" by John Steinbeck

Who's your hero?

Wonderwoman. She's the all mighty woman.

It's the lasso, isn't it? Everyone wants a magic lasso.

Yep.

What's something the people you work with would be surprised to know about you?

My age, they all think I'm younger than I am. I'm 27 and they think I'm 21.

What do you think civilians misunderstand about the military?

We're about more than just going to war and fighting.

What would you do with a time machine?

I'd probably go to the future just to see if there is one.

What's the greatest sports moment in history?

The last two years when the Eagles almost made it to the Super Bowl.

Do you wish on shooting stars?

No. I never see them. But I wish to win the lottery though.

What's your life's motto?

Don't take anything to heart. When I have to take something seriously I do, but otherwise I let things fly.

What did you do before you joined the Air Force?

I was a machinist in my hometown of Reading, Pa.

What's the biggest honor you've ever had?

Being a part of my commander's promotion ceremony. I was honored.



When you were a kid, what did you want to be when you grew up?

A police officer because I wanted to bust people.

What CD do you have in your stereo right now?

A mixed country CD. I like Clint Black.

If you were president for a day what would you do?

I'd take Air Force One for a ride around the world. I'd have a party with all my friends.

Any particular destination?

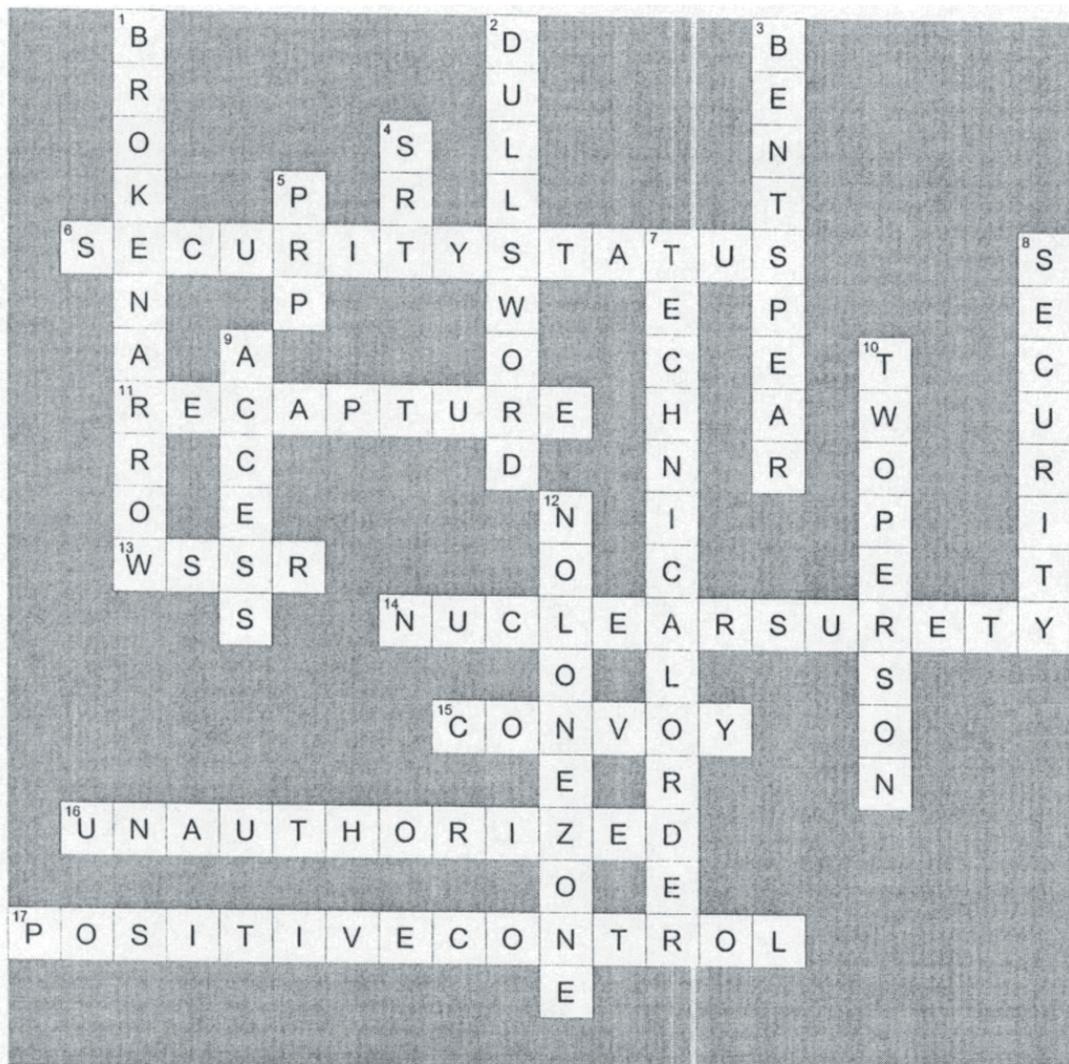
I'd have to stop in Hawaii and Korea among other places.

Can you drive a manual transmission?

Yes. My current car is a stick shift, I'm getting better at it.



101 Critical Days of Summer crossword puzzle answers



Across

- 6. OZ or IZ
- 11. To capture again
- 13. Minuteman or Peacekeeper rules (Abbr.)
- 14. Ensures safe nukes
- 15. Several vehicles traveling over the road
- 16. Not being able to enter an area
- 17. Not negative control

Down

- 1. Movie starring John Travolta
- 2. Not a sharp saber
- 3. A damaged lance
- 4. Security response team (Abb.)
- 5. Personnel reliability program (Abbr.)
- 7. Followed for every step of maintenance
- 8. Measures taken to guard against espionage
- 9. Ability to enter
- 10. Need this when entering the zone
- 12. Where no one person may go

6 by 6



Construction Corner



Around Base Flagpole

Project to begin Sept. 12 through Oct. 1.

The project consists of concrete paving around the base flagpole and the widening of the radiuses at the intersection of Randall and N. Cannon, and N. Argonne. This project is currently on schedule.

New Sidewalk on Alden Drive

Project to begin Sept. 13 through Oct. 1. A new sidewalk will be constructed from Rogers Road down Alden Drive to connect with the medical clinic's sidewalks. There is currently no way personnel can get from Rogers Road to the clinic without walking on the grass. This project is currently on schedule. N Ft. Steele Mill/Overlay Project beginning Sept. through Sept. 23 from Randall Avenue to Freedom Hall.

Restricted travel on the Alleyway at Qtrs 112A & B now through Sept. 15. The garage will not be accessible for two weeks. Traffic will be restricted to one lane for the removal of asphalt and curb & gutter repairs.



Right Decision Seminars

- Prepare 1st- and 2nd-term Airmen to make the right decision on whether to re-enlist or separate.
- Are no pressure environments.
- Have guest speakers that provide honest facts.
- Welcomes spouses
- Are conducted the third Monday of every month at 1 p.m. in room 17 of the Warren Education Center, Building 841.

The overall consensus of prior attendees has been that the seminars are very helpful in preparing for one of the toughest decisions an Airman has to make.

For more information, contact Master Sgt. Kal Robinson, 90th Space Wing career assistance advisor, at 773-6968.



IN LAST WEEKS PAPER, THE TUG-OF WAR COMPETITION CHAMPION TEAM SHOULD HAVE BEEN IDENTIFIED AS THE 90TH MISSILE MAINTENANCE SQUADRON. ALSO THE 90TH CIVIL ENGINEERING SQUADRON WAS A VITAL COMPONENT DURING THE ALPHA 06 INCIDENT. THE WING THANKS YOU FOR ALL YOUR HARD WORK.



50 Years Space and Missile Trivia

In what year was the first female targeting officer assigned to the wing?

Last week's question:

Who was the first female launch control facility cook?

On Oct. 31, 1974 Airman 1st Class Barbara Johnson became the first female launch facility cook.

Want to learn more about space and missile history?

Check out AFSPC's anniversary Web site

www.peterson.af.mil/hqafspc/50th