

Warren SENTINEL



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Airman killed while on leave ♡ Spotlight
on justice: June and July's Article 15's
♡ Warren's Intramural sports: Play Ball



Commentary

The Choices You Make

Chief Master Sgt. Randolph Tegge
90th Operations Group

When you make decisions, do you know what the impact will be? We should all be considering the pros and cons before we act. Some people don't recognize the potential results of their decisions until it's too late. Let me share a few examples where the choices made by someone had significant negative impact.

In one particular case, an Airman thought it would be fun and interesting to show off his skills with a blowgun he owned. He brought it to work and proceeded to use it in his work center. Well if you're thinking this Airman isn't following operational risk management, you're right.

It wasn't long before one of his co-workers was in route to the hospital after being hit in the eye. The results: one Airman lost an eye, and the other received disciplinary action.

Some of you may be thinking this would never happen on my watch. How many people saw what was going on and chose not to stop this before it was too late? What choices do you make to foster an environment where people make the right choice?

On another occasion an airman thought it would be a good practical joke and a nice way to prove a point by taking apart a security forces member's weapon. Of course you're wondering how would someone let their weapon be taken apart- he fell asleep. It wasn't a very wise choice for either of them. One was tasked with maintaining security, which he could no longer provide. The other should have been performing his job rather than choosing to jeopardize an Air Force resource.

After the dust had settled two Airmen had their Air Force careers jeopardized because of poor choices. If you notice someone not doing their job, choose to

correct them without jeopardizing the mission.

The last example I'd like to share involves a young NCO who decided he didn't need to follow tech. data. After all, he'd done this task many times, and he never turned the power off to this piece of equipment before. Even his previous boss worked on this equipment with the power on. I know you can see where this is heading and you're right, this individual was severely shocked. They had to restart his heart several times.

The last I knew about this Airman he was suffering from an irregular heart-beat caused by electrocution.

This did not have to happen and would not had he chose to follow prescribed procedures. Worse yet, he had a team member who chose to let this happen. The team member saved the NCOs life, however, he should have ensured Air Force guidance was followed. They are both guilty of making bad choices.

Many of our co-workers take shortcuts thinking they'll save time. It's everyone's job to enforce safety, security, and Air Force guidance.

The sad truth is, anyone who's been around the Air Force for more than a few years will likely have similar stories to tell. After all, life is full of choices. The choices you make are an indication of your character and your character is a direct reflection of your integrity - the first Air Force core value.



Hoops Shots

One of the great pleasures of Cheyenne Frontier Days is not only taking part in a terrific western heritage, but also welcoming a series of distinguished visitors to our base. We've been honored to host **Chief Master Sgt. Ronald Kreite**, AFSPC's command chief master sergeant, who has toured our base and met many of our outstanding people. We salute his commitment to taking care of the troops and sharing his insights at an enlisted call and our SNCO Induction Ceremony.

Joining us today for the weekend will be our boss, **General Lance Lord and his wife Beccy**. General Lord is coming back "home" since he was a former wing commander here and was the first to coin our nickname - the Mighty Ninety. We're looking forward to hearing his impressions on the many improvements around our base and hearing his perspectives on our critical mission and the future of space and missiles. Welcome back, sir!

I'd like to salute the hard work of our **MAD Crew** who made things happen to set up our paintball course on base. **Airman 1st Class Sivan McCoy**, 90 MMXS, and **Airman Eric Mason**, 90 MDOS led a volunteer effort of 15 folks to clean up and rebuild the course as well as coordinate its use with our Mighty Defenders. Last week **Airman McCoy**, along with **Airman Emily Allen**, 90 MDOS, and **Airman Jarred Velardi**, 90 CES, helped set up, referee and clean up the inaugural game. Forty-six people took part and had a great time. This shows yet again how our airmen are stepping up to make a difference on this base and this new course is now part of our menu of choices. Thanks to them and Dorm Escape, we average over 200 airmen a week participat-

ing in safe, fun alternative activities. Well done!

Another group making a huge impact are those first responders dedicated to search and rescue. Last week the request came in to help find two missing teenagers. Answering the call to help find two missing teenagers was **Capt. Rod Butz** (aircraft commander), **Capt. Felisa Palfery** (co-pilot), **Airman 1st Class Bryan Cruz** (flight engineer), **Maj. Kevin Anderson** (flight surgeon) and **Master Sgt. Paul Knepp** (medical technician). They performed admirably with tremendous professionalism, safety and focus on a mission that was physically, mentally and emotionally demanding. We're very proud of you all.

Let me end by saying we are all shocked and saddened by the sudden loss of **Staff Sgt. Brandon Lewis**. You meet a lot of people as a wing commander and sometimes it's hard to remember each person. I vividly remember Brandon mostly from my tours in the W, but most recently during Guardian Challenge. He was a real spark plug for the entire team and I was impressed by his spirit and positive effect on others. We were all so happy to see him and the munitions team take the stage to get their trophies as the best in AFSPC. I will miss Brandon very much and on behalf of the entire base we send our prayers and condolences to his grieving family. We were proud to serve with him.

Please remember as we take part in CFD, vacations, our tough ops tempo, the activities of summer and more to continue to serve others as you serve our Air Force. You are each precious to us and we can't do our mission without you.

Col. Hoops

—Warren—
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On the Cover...
Warren Airmen and guardsmen return from a trip to Vandenberg to watch a Peacekeeper Launch Wednesday.

Meet your new 319th Missile Squadron Commander

What is your full name? Sherry Lynn Stearns-Boles

Where are you from originally? Tulsa, Okla.

What is your new job description? Commander of the 319th Missile Squadron

Give us a brief description of job(s) previously held prior to joining team Warren.

Air Staff/Majcom/NAF Action staff officer, Space Surveillance Flight commander

What are the last three bases you've come from? Pentagon, Maxwell, and Cheyenne Mountain

How can someone get on your good side? Do the best job they can do, no matter

what the job is.

How can someone get on your bad side? Have a "Don't care attitude"

What's your favorite band/musical group? Kirk Franklin

Do you have any hobbies? Inspirational/motivational speaking

Do you have any advice for young Airmen?

Reach for your dreams

What do you hope to accomplish at Warren as commander of the 319th Missile Squadron?

Make the squadron number one, while having fun and improving morale, but still keep an eye on the mission.



Establishing life's opportunities with a cup of joe

Maj. Chad Conerly
5th Comptroller Squadron
commander

MINOT AIR FORCE BASE, N.D. — My addiction started in 1997 when I discovered my first Starbucks coffee shop. A friend took me there and he got a "froufrou" coffee with caramel, nutmeg, lavender, rose petals and a hug.

I just wanted a plain cup of joe.

He quickly informed me that ordering a plain coffee in Starbucks was like going into a Harley shop and driving off on a Schwinn. I didn't want to be banished from Starbucks (or from a Harley dealership), so I reluctantly tried the café mocha. I convinced myself that it was just coffee with chocolate and was able to leave Starbucks with my "macho-ness" in tact.

I played off the taste to my friend, but I knew I was hooked. I found myself sneaking to Starbucks at all hours of the day for a café mocha fix. At the height of my addiction, I was spending more than \$100 a month on café mochas.

I realized then, I had a thinking problem. I kept thinking about how much I was spending on café mochas. I ran some numbers and realized that over a four-year period, I spent about \$4,800 on café mochas. Had I invested the

\$4,800 at 8 percent interest, I would have more than \$82,000 at age 70.

After that point, I started looking more carefully at opportunity cost. Opportunity cost is the cost of a given purchase in terms of forgone opportunities. My café mocha addiction did not just cost me \$4,800, it cost me other opportunities. My wife and I could have gone on three cruises (we're bargain cruisers), or I could have had \$82,000 more for my golden years.

Am I off café mochas completely? No. Opportunity cost is not about deprivation. It is understanding that financial decisions have consequences beyond the actual dollars spent. To some people, the cost of a café mocha each day is well worth sacrificing a cruise every few years. Comparing planned expenditures to other opportunities ensures you get maximum bang for your hard-earned buck.

Here is an example to mull over. A couple spends \$3.50 a day each on cigarettes. If they smoke from age 18 to age 70, they will spend just more than \$135,000 on cigarettes. However, if the cigarette money was invested at 8 percent interest, the couple would have more than \$2 million at age 70, just from their cigarette savings. In this example, the opportunity cost of smoking

equates to a beachfront retirement home in Florida. I'm not picking on smokers. Had I maintained my café mocha habit for the same duration, it would have cost me more than \$1 million in potential savings.

Another example: buying used cars versus new cars and keeping them seven years versus four years can save you more than \$500,000 in your life time, even after adding in the higher maintenance cost.

I'm not saying to live poor so you can die rich. I'm recommending you analyze decisions with a whole life perspective.

Living far from family, we go "home" as often as possible. The trips home costs us some missed opportunities, but it's worth every penny. We sacrifice some niceties to ensure our kids know their extended family. It's a personal choice. With each major decision we make, we ensure that we're willing to pass up a future opportunity for the one at hand.

Opportunity cost is not just about money. It's about life. If you golf twice a week, the opportunity cost of golfing is about eight hours of lost family time. The opportunity cost of living in a quiet country setting may be longer commutes, equating to less family time and higher fuel bills. The opportunity cost of eating in front of the TV is lost dinnertime

conversation. There's nothing wrong with any of these. It's a personal choice. Just realize that every choice (opportunity) has a cost (lost opportunity).

Years ago, I set "life goals". Some were monetary but most were not. Occasionally, I review them to see how I'm doing and to make adjustments as priorities change. This "vector check" has been one of the most beneficial efforts in my life.

Like most people, when shopping for a car I want the pricey sports car. However, looking at opportunity cost and my life goals, I realize that the sports car is not a life-long desire of mine. The pricey car will not satisfy a "life goal" but may hamper my ability to retire before age 55, which is a life goal.

If you do not have long-term goals established for your life, consider doing so. Life is a one-way journey. Striving to obtain goals makes the most of your journey. Analyzing opportunity cost (monetary and personal) is a solid method to stay the course. When you reach the end of your journey, you will be no less dead than the next guy. However, you can "rest" assured that your journey had fewer potholes and wrong turns than the guy lying next to you.

Now, put down that mocha and get back to work.

Airman killed on leave

1st Lt. Matthew Bates
Public Affairs

A staff sergeant from the 90th Space Wing here was killed while on leave to Washington State at about 2:30 a.m. Saturday.

Staff Sgt. Brandon Lewis, a Maintenance Team Chief in the 90th Missile Maintenance Squadron, was involved in a single-vehicle accident on Dalles Mt. Road near Dallesport, Wash.

Sergeant Lewis was driving the vehicle, carrying two passengers. One passenger was treated and released on scene, and one passenger was transported to Mid-Columbia Medical Center, The Dalles, Ore.

“On behalf of the entire 90th Space Wing and the F. E. Warren Air Force Base community, we extend our condolences to Sergeant Lewis’ friends and family and hope that they will find peace in this difficult time,” said Col. Evan J. Hoapili, 90th Space Wing commander.

The cause of Sergeant Lewis death is under investigation.

Sergeant Lewis hometown was in Centerville, Wash.

The Klickitat County Sheriff’s Office and Air Force Office of Special Investigations are conducting the investigation.

Warren pharmacy best in AF

Airman 1st Class Lauren Sixbey
Public Affairs

The 90th Medical Group Pharmacy team has been named the Best Pharmacy in the Air Force for 2003.

Team members include: Maj. Ron Stumbo, Capt. Tracy DeMeuse, Master Sgt. Chris Mayer, Tech. Sgt.’s Gregory Shepard, Sandra Nunes, Staff Sgts. Kevin Thompson, Andrea Depasquale, Reda Salem and Airman 1st Class Tiffany Miller.

“I am very proud of our pharmacy team,” said Col. Ron Pearson, 90 MDG commander. “They are innovative in their approach to health care and that played a big role in winning this award over large, high-volume pharmacies.”

Among the accomplishments that garnered the pharmacy team this award were accomplishments such as filling more than 135-thousand prescriptions by using a new barcode drug checking system that has an 85



Courtesy photo

Members of the 90th Medical Group Pharmacy have been named the Air Force’s Best Pharmacy of 2003. Among their many achievements, the pharmacy developed a cough and cold clinic that treated more than 1,000 patients.

to 99.98 percent accuracy rate. The pharmacy also developed and managed a cough and cold clinic that treated more than 1,000 patients. The team mentored four pharmacy students from the University of Wyoming during an internship program. These are just a few of the

many achievements the pharmacy team accomplished in 2003.

“From the youngest airman to the officer in charge, each person on this team knows their job and does it to the very best of their ability,” said Colonel Pearson. “They are most deserving of this recognition.”

**For all your TRICARE needs,
contact the TRICARE Service
Center at 307-772-4020.**

6 by 4

Warren's Spotlight on justice

What did people think they could get away with during June and July?

Article 15s

An airman violated Articles 92 and 134 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years, committing indecent acts with another airman, and for obstruction of justice. She received a reduction to the grade of airman basic and 30 days restriction.

An airman first class violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. He received a suspended reduction to the grade of airman and forfeiture of \$200 pay per month for two months.

An airman first class violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. He received a reduction to the grade of airman and suspended forfeiture of \$200 pay per month for two months.

An airman first class violated Articles 92 and 111 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years and drunk driving. He received a suspended reduction to the grade of airman and forfeiture of \$200 pay per month for two months.

An airman first class violated Article 92 of the UCMJ by providing alcohol to minors. He received a suspended reduction to the grade of airman and forfeiture of \$200 pay per month for two months.

An airman violated Articles 92 and 134 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years and for using an altered mili-

tary identification card. He received a reduction to the grade of airman basic, suspended forfeiture of \$596 pay per month for two months, and 45 days extra duty.

An airman first class violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. He received a reduction to the grade of airman and 30 days extra duty.

An airman basic violated Articles 92 and 111 of the UCMJ by drunk driving and drinking alcohol while under the legal drinking age of 21 years. She received forfeiture of \$596 pay per month for two months, 45 days restriction to Warren, and 45 days extra duty.

An airman first class violated Articles 86 and 92 of the UCMJ by absenting himself from his unit for four days and for failure to obey a lawful order. He received reduction to the grade of airman, forfeiture of \$250 pay per month for two months, 30 days restriction to Warren, and 45 days extra duty.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. He received a reduction to the grade of airman basic and forfeiture of \$300 pay per month for two months.

An airman first class violated Article 92 of the UCMJ by willfully failing to refrain from consuming alcoholic beverages while on six-ring alert. He received a reduction to the grade of airman, suspended reduction to the grade of airman basic, suspended for-

feiture of \$300 pay per month for two months, and 15 days extra duty.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. He received a reduction to the grade of airman basic and forfeiture of \$300 pay per month for two months.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. She received a reduction to the grade of airman basic and forfeiture of \$300 pay per month for two months.

An airman first class violated Article 111 of the UCMJ by drunk driving. He received a suspended reduction to airman, forfeiture of \$200 pay per month for two months, 30 days restriction Warren, and 30 days extra duty.

An airman violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. She received a reduction to the grade of airman basic, suspended forfeiture of \$200, and 60 days restriction to base.

An airman violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. She received a reduction to the grade of airman basic, suspended forfeiture of \$543, and 60 days restriction to Warren.

An airman first class violated Articles 107 and 134 of the UCMJ by making a false official statement and soliciting a prostitute. He received a reduction to the grade of airman, suspended reduction to the grade airman basic, and 14 days extra duty.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. He re-

ceived a reduction to the grade of airman and a suspended reduction to the grade of airman basic.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. He received a reduction to the grade of airman and a suspended reduction to the grade of airman basic.

An airman basic violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. He received forfeiture of \$596 pay per month for two months.

An airman first class violated Article 134 of the UCMJ by wrongfully inhaling an aerosol propellant. She received a reduction to the grade of airman and a suspended reduction to the grade airman basic.

An airman first class violated Article 92 of the UCMJ by drinking alcohol while under the legal drinking age of 21 years. He received a reduction to the grade of airman, forfeiture of \$668 pay, and 30 days extra duty.

Courts Martial

An airman basic was tried and convicted in a General Court-Martial for attempting to escape from confinement, conspiring to escape from custody, assault upon a law enforcement official, and assault with a dangerous weapon. He was sentenced to five years confinement and a dishonorable discharge from the Air Force.

An airman first class was tried in a General Court-Martial for rape. He was found not guilty and acquitted of the charge.

A senior airman was tried and convicted in a Special Court-Martial for three specifications of failure to pay a debt. He was sentenced to reduction to the grade of airman and two months confinement.

6*3

Briefs

Comedy Jam!

You'll receive a night of laughs from comedians Miss Gayle and Jimmy Abeyta at the Trail's End Club Aug. 14. The show starts at 9 p.m. and tickets are on sale now at the club.

Tickets are \$10 in advance and \$12 at the door. Comedy Jam is an ATWIND event. Air Force club members receive a \$2 per ticket discount. For more information, call the Trail's End Club at 773-3048.

A Note on Grounds Care . . .

Your assigned area is midway between adjoining units or to the center of the street up to 50 feet from the front, rear and side of the dwelling (normally) from your dwelling. When applicable, residents are responsible for the care of the area extending 15 feet beyond garages (side and rear), yards, fences, and so forth (this includes all brick units). The four-plex and six-plex units on Bannock Road have a grass area in front of the garages that should be maintained weekly by all the surrounding residents.

Gate Closure

Gate 2 will be opened extended hours today through Sunday for permanent party personnel to facilitate access to the base during the Fort DA Russell Days Open House. It is recommended permanent party personnel use Gate 2 to ease the expected increase in visitor traffic at Gate 1 during the open house.

Gate 2 hours will be as follows:

Friday 6 a.m. to 10 p.m.
Saturday 6 a.m. to 10 p.m.
Sunday 6 a.m. to 6 p.m.

Visitor passes will still be generated from the Visitor Control Center located adjacent to Gate 1.

Facility Excellence team visits

Team evaluates Warren's Facilities Excellence Plan

Elizabeth McClain
90th Civil Engineer
Squadron

A team of five Air Force Space Command personnel visited our base Tuesday through Thursday, to evaluate our progress toward facilities excellence.

The evaluation team consisted of a variety of career fields and was led by Mr. Paul Womble.

The team selected more than 30 facilities to tour and review.

The headquarters team observed facilities compliance with environmental regulations, functionality and flexibility to change, as well as evaluating whether antiterrorism and force protection concepts have been integrated in to building designs.

They evaluated the development of the F.E. War-

ren Facilities Excellence Plan and integration into the general plan as well as the professional appearance and recent self-help initiatives.

Finally the team's visit allowed the AFSPC staff an opportunity to view the living and working conditions within the command.

Second Lt. Je Raley, 90th Civil Engineering Squadron, said the program has changed from last year.

The program's award money is more, and the number of facilities evaluated has increased.

From the high-quality package that was prepared to put us in the running, to the in-brief delivered to start the visit off on the right foot, preparing for the competition was a team effort. Finally, all the work put in by the individual

building managers and occupants around the wing definitely impacted our statement to the team. The team will complete its in-

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The team's visit allowed the Air Force Space Command staff an opportunity to view the living and working conditions within the command.”

—Elizabeth McClain
90th Civil Engineering
Squadron

spections at the end of July with the 61st Air Bomber Group in Los Angeles.

The announcement of the winning base will be done at the commanders' conference in August.

The 90th Space Wing competes in the AFSPC Facilities Excellence Recogni-

tion Program. The competition first place winner receives \$200,000; second place gets \$100,000. The award money is presented at the upcoming fall commander's conference for quality-of-life improvements.

This biennial competition highlights the importance of facilities excellence and recognizes each installation's efforts to improve and maintain its facilities and surroundings.

The Facilities Excellence Recognition Program is all about showing our pride in ownership in the facilities we work and live in.

The program encourages the base populace to become personally involved with the appearance of our facilities—many of them unique and historic.

It also encourages the highest standards of facility design, construction, and maintenance, and emphasizes quality of life improvements.



Give me your 2 cents

What are you looking forward to most about CFD?

“I'm looking forward to going to the Kenny Chesney concert for my birthday.” Airman 1st Class Victor Cortez, 90 LRS



“The ZZ Top concert and going to the rodeo.” Staff Sgt. Greg Bailey, 90 MSS



“This is my first CFD so I am looking forward to a rodeo with clowns.” Airman Justin Garstka, 90 MSS



Malmstrom Lt. aims for the gold

Airman earns spot on Olympic track, field team

Tech. Sgt. J.C. Woodring
Air Force Print News

SAN ANTONIO — First Lt. James Parker, an Air Force world-class athlete from Malmstrom Air Force Base, Mont., earned a spot on the U.S. Olympic track and field team July 12 with a hammer throw of 254 feet, 6 inches.

“I came into the Air Force to serve my country,” said Lieutenant Parker, who has been throwing the hammer for 10 years. “To represent the Air Force and the country on the athletic side is ... the biggest honor of my life.”

In the preliminaries of the U.S. Olympic track and field trials in Sacramento,

Calif., on July 10, each of the 24 competitors was allowed three throws to determine advancement to the finals. People who throw farther than 236-3 are automatically qualified for the finals.

Lieutenant Parker said he had a “mental edge” on the other athletes going into the competition because he had farther marks than the others and was favored to make the team.

He said he also felt a lot of pressure because he witnessed several other favored athletes not make the team.

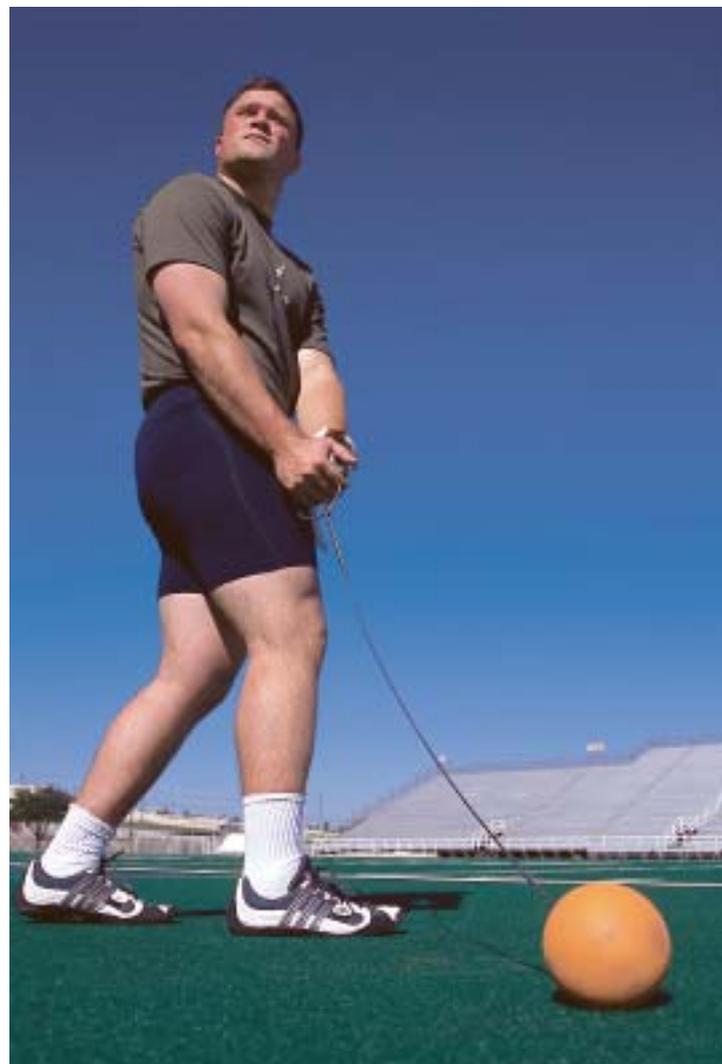
“On the day, you never know what will happen,” Lieutenant Parker said. “It

really was a nerve-racking situation.”

As the last competitor to throw in the first round, Lieutenant Parker stepped into the circle and tossed a 240-3, the longest throw of the day. He then sat back and analyzed his competition for the finals.

In the first round of the finals, the lieutenant established the benchmark of 245-1 on his first throw and increased it to 251-4 on his final throw of the round.

During the final round, Lieutenant Parker tossed his best throw of the day, 254-6. Winning this event and his 259-10 throw during a meet at Brigham Young University on June 26 placed Lieutenant Parker on this year’s Olympic team. (Information provided by Air Force Services Agency)



Courtesy photo

First Lt. James Parker won the 2004 USA Track and Field Indoor National Championship Weight Throw. The competition took place Feb. 26 to 29 in Boston. Lieutenant Parker participates in the Air Force World Class Athlete Program and is assigned to Malmstrom Air Force Base, Mont.

6 by 5.5



Photos by 2nd Lt. David L. Tervin

New members of the Warren Honor Guard train to perfect basic rifle movements as a team. Here are the newest members of the elite: Airman 1st Class Robert S. DeMaio 90 MMXS, Airman 1st Class Bruce D. Lainhart, 90 MMXS, Airman 1st Class Alex J. Frizzo, 90 MMXS, Airman 1st Class Francisco Montejano, 90 MMXS, Airman 1st Class Roderick L. Mance, 90 MOS, Airman 1st Class Victor J. Cortez, 90 LRS, Airman 1st Class Brandon M. Thirkettle, 90 MMXS, and Airman 1st Class Brain M. Carragher, 90 SFS.

Honor with Dignity

Warren's Airmen raise the bar in Honor Guard

2nd Lt. David L. Tervin
90th Maintenance Group

Eight of the Mighty Ninety's warriors joined the ranks of the elite July 15, as they were welcomed as members of the Warren Honor Guard. The culmination of a grueling four-day training class spread out over nine days. The trainees learned everything from basic honor guard drill movements to rifle manuals, colors presentations and firing party procedures.

An evaluation performance is the capstone event for the new members, where they feel the pressure of performing with all eyes on them, and they must display everything they have learned throughout the class with evaluators looking intensely for mistakes. Most of the trainees saw the evaluation process as difficult.

"It was nerve racking," said Airman 1st Class Alex Frizzo from the 90th Missile Maintenance Squadron Readiness Section, "But it sure gets the point across about what you may go through during a detail."

"Mistakes are expected," said Senior Airman Scott Weimer, head trainer for the honor guard, "However, keeping your military bearing during those mistakes is the most important aspect of being on this team."

Military bearing is one of the reasons that

brought Airman 1st Class Robert DeMaio to the honor guard.

"Every time I see the honor guard perform I see their bearing, professionalism and sharpness. I wanted to and believed that I could be like them if I made the team," he said.

Now that the training class is complete, the new members will hone their skills Thursday's during honor guard advanced training sessions. These are mandatory sessions for all members to learn new drill techniques, refine their skills and practice seldom performed details.

"It takes a very special person to be a part of this team," said 2nd Lt. David Tervin, honor guard officer in charge. "This can be a very demanding duty, both physically and emotionally. Our members are extremely dedicated Airmen who are completely unselfish when it comes to our mission."

"They give up their own time on a regular basis to ensure the colors of our nation are properly taken care of, and those veterans and retirees of our service who pass on are buried with the proper honors."

"I am very honored to be associated with such professionals," he said.

If you wish to learn more about becoming a member of the 'elite' honor guard, contact 2nd Lt. David Tervin at 773-5897, or Staff Sgt. Rey Parris at 773-3838.



Airman 1st Class Francisco Montejano and Airman 1st Class Frizzo calls commands during a colors presentation.

37 HF aids sheriff's local search effort

Aircrew searches for missing persons

1st Lt. Eric Vanley
37th Helicopter Flight

The Goshen County Wyoming Sheriff Department requested the assistance of the 37th Helicopter flight in a search and rescue effort for two teenagers missing near Torrington Saturday.

On the night of the July 16, four people were swimming in the North Platte River south of Torrington, Wyo., when two of them disappeared into the water. The sheriff's department was notified and contacted the 90th Space Wing Command Post personnel to seek helicopter support.

After calling the Air Force Rescue Coordination Center, the mission was approved at 5 a.m. Saturday. The alert crew was recalled and directed to the unit for the mission. After planning, aircrew briefing,

and aircraft SAR configuration, the team departed at 7:55 a.m. for Torrington.

Once the aircrew neared Torrington, they were able to establish communication with ground SAR forces on the Wyoming mutual aid frequency. The crew was directed to land at the SAR command post and briefed on the situation. Based upon the update, the crew began an initial air search from the command post downstream approximately five miles. Less than 10 minutes into the search, the flight engineer spotted a body in the center of the river. The pilot passed the location of the body to the command post and was able to give driving directions to emergency vehicles. Emergency workers and divers were then able to recover the body and identify it as one of the missing teenagers.

The crew continued to search for the other missing teenager for approximately three more hours.



Courtesy photo

The crew searched for another hour. After no success finding the second missing person, the air search was called off and the helicopter returned to Warren.

Although the results of the SAR were not what was hoped for, the effort was a success due to the close coordination between air and ground assets.

The on scene commander was familiar with helicopter operations and knew how to communicate with the aircrew members.

The on scene commander was also able to establish a very suitable landing zone, with two wind streamers. Before landing, the on scene commander briefed the crew with the current temperature, wind direction, and wind speed. Because the on scene commander and many other ground personnel were

familiar with helicopter searches, many typical problems were avoided and the search efforts were conducted with extreme effectiveness. The on scene commander stated, if not for the helicopter, the body would have been extremely difficult to locate.

Overall, the F. E. Warren community should be very proud of the aircrew members who participated in the SAR effort. The team included Capt. Roderic Butz, aircraft commander, Capt. Felisa Palfery, co-pilot, Airman 1st Class Bryan Cruz, flight Engineer, Maj. Kevin Anderson, flight surgeon, and Master Sgt. Paul Knepp, medical technician. The team performed admirably, with a tremendous amount of professionalism and focus during a physically, mentally and emotionally demanding mission.

6 by 6

Youth Sports Briefs

Youth roller hockey registration

Kids ages 6 through 18 can be registered for roller hockey from now until July 30 at the Youth Activities Center. The cost is \$30 which includes the use of equipment, skates and a t-shirt. Practice begins Aug. 9 with the season scheduled to start Aug. 30. The season will last for approximately four to six weeks.

Youth pee wee indoor soccer league registration

Kids ages 5 through 9 can be registered for indoor soccer from now until July 30 at the Youth Activities Center. The cost is \$30 and includes a uniform. All games will be held in the youth gymnasium starting the second week of September. Practice will begin Aug. 16.

Youth summer basketball camp

Kids ages 5 through 18 can be registered for the summer basketball camp from now until July 30 at the Youth Activities Center. Learn the basics of shooting, passing and dribbling from chief clinician Kirk Aytch and his staff. The camp is Aug. 2, 4, 9 and 11 at the Youth Activities Center. The cost is \$15 and includes a camp t-shirt.



Courtesy photo

This is why we walk

This year nine teams participated in the National Multiple Sclerosis Society's MS Walk at Lion's Park. All of the money has been tallied and the results are in. Warren raised more than \$5000! The top three teams are: the 90th Operations Group, \$1728, followed by the Air Force Brats, \$1143, and Medics on the Move came in at \$1005. The Air Force Brats won the trophy for the Best Team T-Shirt and 90 OG won the Traveling Trophy again this year for being the Top Fundraising team. Congratulations to all the teams and thanks to the teams and volunteers for your participation. MS effects one in 400 people in the state of Wyoming ... This is why we walk.

6 by 7



Left: OSS batter sends one out to left field
 Bottom: The pitcher from MXS B shows good form on the mound



Play Ball



Another good pitch for Warren's softball players



Players attempt to be safe during the intramural softball season

Vote for Lt. Honeycutt

Plan to give military members 10,000 percent pay increase raises eyebrows, suspicions



Photos by Airman Tessa Cubbon

1st Lt. James Honeycutt, 790 Missile Security Forces Squadron, opens up to Warren.

Who would have thought anybody cried during "Good Will Hunting?"

What's the best part about being in the Air Force?

The bling ...definitely the bling.

How have your goals changed since you came in?

Originally, my goal was to not crash an airplane. Now, it's to not take a wrong turn on the way to Tango 3 and end up in Canada.

Other than Warren, where's the coolest place the Air Force has taken you?

D.C.

What's your favorite part about your job?

The lights and sirens. I feel like I'm on "CHiPs".

Where do you see yourself in five years?

Only God & my functional manager know.

Do you plan on retiring from the Air Force?

Yep

What's Warren's best-kept secret?

Swamp Donkey

If you could have dinner delivered to you from anywhere in the world tonight, where would it be from?

Willie's Wings - Auburn, AL

Name three things that are on your desk right now.

My wallet, my beret and Lt. Brady.

What was the last movie you saw at the theater?

The Matrix Revolutions...(Worst movie ever.

I wish he would've just taken the other pill.)

In your opinion, what is the greatest book ever written?

Candide by Voltaire

What movie greatly influenced your life and why?

Red Dawn, because it shows what a few American teenagers can accomplish with a couple of rifles and a little initiative.

Who's your hero?

Staff Sgt. Scott "Scotty Don't" Deremer.

What's something the people you work with would be surprised to know about you?

That every time I watch "Good Will Hunting" I cry like a baby during the "It's not your fault" scene.

What do you think civilians misunderstand about the military?

Some people think it is the most exciting and fun thing in the world.

Rewarding can be very different from exciting.

What would you do with a time machine?

I would go back to 1988 and have a long conversation with myself.

What's the greatest sports moment in history?

Tuesday, Jan. 11, 2000 - Kentucky at Auburn. Doc Robinson hits a three to beat Kentucky for the first time in ten years. Indescribable.

What's your life's motto?

Drive it like you stole it.

What did you do before you joined the Air Force?

I attended the greatest school in the country. (Auburn University for the less informed.)



What's your secret to a good uniform?
Elite Cleaners

What's the biggest honor you've ever had?

Having my mother and father pin on my bars.

When you were a kid, what did you want to be when you grew up?

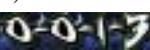
A motorcycle cop for the California Highway Patrol.

What CD do you have in your stereo right now?

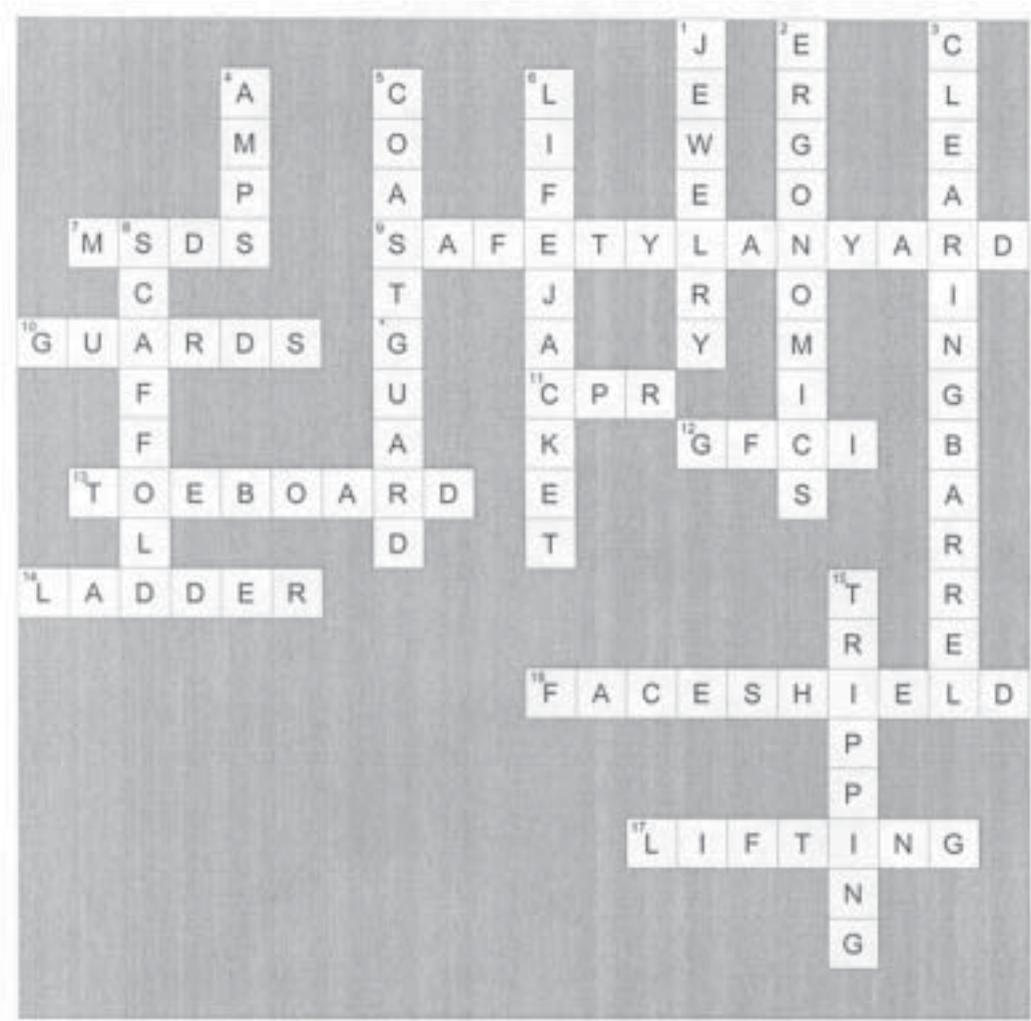
Jay-Z - The Black Album

If you were president for a day what would you do?

I would give everyone in the military a 10,000 percent raise. (Even Marines)



101 Critical Days of Summer Crossword answers



Across:

- 7. Material safety data sheets (Abbr.)
- 9. Keeping you from falling more than six feet
- 10. Helping to keep objects out of machines
- 11. Used to save someone's life
- 12. Ground fault circuit interrupter
- 13. Scaffold device to protect the toes below from above
- 14. Comes in steps or sections
- 16. Worn while servicing batteries
- 17. Always requires more than one person when more than 60 pounds

Down:

- 1. Before working on electrical equipment remove
- 2. Program to prevent CTS
- 3. Used to load and unload weapons
- 4. Current is measured in
- 5. People who protect our shores
- 6. Helps to keep you afloat
- 8. A temporary arrangement erected around a facility for convenience of workers
- 15. Cords across walkways create a _____ hazard

6 by 6



Photo by 1st Lt. Darrick Lee

Happy Trails

Colonel Craig Whitehead, former 90th Mission Support Group commander, and family prepare to ride off into the sunset on the occasion of his change of command July 15. Col. Whitehead will be remaining in Cheyenne as part of the Frontier Days Committee.

50 Years of Space and Missile Trivia



Who was the first SAC female security police troop?

Think you know the answer? Stop by the ICBM Heritage Museum and receive an Atwind game piece.

Answer to last weeks question:

When was the 90th Strategic Missile Wing established?

On July 1, 1963 the 90th Strategic Reconnaissance Wing was redesignated the 90th Strategic Missile Wing

Wanna learn more about Space & Missile History?

Click on AFSPC's Anniversary website www.peterson.af.mil/hqafspc/50th

Q: Why doesn't the base play reveille and/or retreat during the day? Most bases recognize the beginning and end of the duty day, and some even play taps at 10 p.m. Why is Warren any different?

A: Good question. Quite simply, we don't have the capabilities to play anything so it's heard base-wide. Our sound box isn't big enough, according to Senior Airman Matt Edwards, 90th Space Wing Protocol. Sadly, there are no plans to get a sound system grand enough to play reveille, retreat or taps.

Ann. Tessa Marie

e-mail Tessa Marie at tessa.cubbon@warren.af.mil

Ask Tessa Marie



If she doesn't know the answer, she'll ask Lauren.

Your Time is Precious

Close Dumpster Lids After Each Use

SWLPL



<http://www.warren.af.mil/leader->